

WEEK THREE

THE MAIN EVENT!

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

HOMEMADE SOUP
fresh bread

Watercress and potato
(Ce,Mk)

Tomato and basil
(Ce,Su)

Cauliflower and cheddar
(Ce,G,Mk,Su)

Split pea
(Ce,Su)

Cream of mushroom
(Ce,G,Mk)

MAIN EVENT

Cottage pie with creamy mash, gravy and steamed cabbage
(Ce,Mk,G,Su,So)

Roast chicken with stuffing, gravy, roasted potatoes and steamed broccoli
(Ce,G)

Tandoori chicken with mint yoghurt and mango chutney served with pilau rice
(Mk,Su)

Baked pollock fillet served with baked oven chips, peas or beans
(G,E,F,Mk,Su)

Chinese pork stir fry with noodles
(G,Mu,Se,So)

VEGETARIAN

Potato gnocchi with tomato sauce and homemade garlic croutons
(G,Mk)

Roasted vegetable and basil focaccia pizza
(G,Mk)

Vegetable curry with naan bread and pilau rice
(G,Mk,So)

Mixed bean, wholemeal rice & vegetable burrito with spicy sweetcorn
(G,Mk,Mu)

Vegetarian sausages with gravy & Yorkshire pudding served with mash & peas
(G,E,Mk,Su)

STREET FOOD

Cajun spiced jacket wedges with chilli beef and cheese
(Mk,Mu)

Singapore noodles with chicken teriyaki
(G,E,Su,So)

Fresh baked Hawaiian pineapple pizza
(G,Mk,So)

Lamb kofta with pitta and salad
(G,E)

Soy and black bean chicken with potato wedges
(G,So,N)

HOT
Snack

Fresh baked meat feast pizza
(G,Mk,So)

Pulled pork and turmeric rice flat bread burrito
(G,Mu)

Ham and cheese grilled panini
(G,Mk)

French bread rarebit with sweet chilli chicken
(G,Mk)

Garlic jacket wedges with sour cream and cheddar
(Mk)

BAKE OFF
HOT

Oaty fruit crumble
(G,E,Mk)

Nutless Bakewell tart
(G,E,Mk)

Mixed berry flapjack
(G,E,Mk)

Chocolate brownie with chocolate custard
(G,E,Mk)

Baked jam sponge pudding with custard
(G,E,Mk)

BAKE OFF

Banoffee pie cheesecake
(G,Mk)

Seasonal fruit berry fool
(Mk)

Chocolate brownie tub
(G,E,Mk)

English strawberry trifle
(Mk)

Fresh fruit pot

Please ask our allergen guru for any specific allergen information!

LOOK OUT!
ALLERGENS

Ce = Celery
Cr = Crustacean
E = Eggs

F = Fish
G = Cereals containing Gluten
L = Lupin

Mk = Milk
Mo = Molluscs
Mu = Mustard

N = Nuts
P = Peanuts
Se = Sesame Seeds

So = Soya
Su = Sulphur Dioxide

meal deal
ANY MAIN MEAL
& DESSERT
FOR ONLY £2.40

JAN 26th



FEB 9th



MAR 17th



APR 21st

